



**IFS** Institute

## **Certificate of Completion**

This certifies that

***Psychotherapist Bettina Hemmingsen***

successfully completed all requirements of the

**LEVEL 3 TRAINING PROGRAM (#1493) IN INTERNAL FAMILY SYSTEMS<sup>SM</sup> THERAPY**

***in Portugal  
February, 4<sup>th</sup>-9<sup>th</sup>, 2026***

***In testimony whereof***

***this certificate of completion is presented on 9<sup>th</sup> February by***

President, IFS Institute, Inc.  
Founder, Internal Family Systems Therapy  
PO Box 3969, Oak Park, IL 60303